

Curriculum Vitae

MAURO LOMBARDO, MD

Department of Human Sciences and Promotion of the Quality of Life, San Raffaele Roma Open University

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Personal Information

Country Italy
Date of birth 03.09.1976

Education

2003 Degree in Medicine with honours. University of Rome Tor Vergata , Italy
2007 Specialist in Human Nutrition with honours. University of Rome Tor Vergata , Italy

Professional Experience

2012 to present Assistant Professor of Nutrition, Department of Human Sciences and Promotion of the Quality of Life, San Raffaele Roma Open University
2002 to 2012 Assistant Physician, Obesity Centre, Ptv Hospital, Tor Vergata University, Rome, Italy

MAIN TEACHING RESPONSIBILITIES AND COURSE DEVELOPMENT

2018 to present "Human nutrition and hormonal control", Faculty of Motor Sciences - Soccer, San Raffaele Open University, Rome, Italy
2015 to present "Nutrition and health. Traditional and innovative nutritional models", Faculty of Human nutrition sciences, San Raffaele Open University, Rome, Italy
2015 to present "Methodology of prevention: hormonal control and dietetics", Faculty of "Sciences and techniques of Preventive and Adapted Motor Activities", San Raffaele Open University, Rome, Italy
2013 to present "Human Nutrition Sciences", Faculty of "Food Science and Gastronomy", San Raffaele Open University, Rome, Italy
2011 to present "Endocrinology and Human Nutrition", Faculty of Motor Sciences, San Raffaele Open University, Rome, Italy

OTHER TEACHING RESPONSIBILITIES AND COURSE DEVELOPMENT

2011 "Nutrition aspects" - Training course for Technical Sports Operator for Tourism organized by the University of Rome Tor Vergata"
2011 "Nutrition in the young Athlete" - Training Course for Technical Sports Operator for Tourism organized by the University of Rome Tor Vergata
2011 to 2013 "Topics of nutrition, body composition, energy expenditure in the Athlete" - Higher Fitness Trainer Education course with funding from the European community
2011 "Body weight: body composition models" - Communication training course in nutrition education -
2010 "Nutrition and energy expenditure of sports" - Course for technical sports operator in tourism Degree in Motor Sciences - University of Rome Tor Vergata
2009 "Lifestyle interventions to prevent cardiometabolic diseases" - Medical Summer School - University of Rome Tor Vergata

- 2008 "Topics on ethics in human nutrition" - Ethics of sport - Degree in Motor Sciences - University of Rome Tor Vergata
- 2007-2008 "Nutrition" at the training course "Technical director of sports activities" of the educational institution CNOS - Degree in Sport Science - University of Rome Tor Vergata
- 2007-2009 "Topics on sport nutrition" - the International Shooting Academy on
- 2007 "The complications of artificial nutrition" - at the Nursing Master in Public Health - 2nd edition 2005/07 - Tor Vergata University of Rome
- 2006 "Nutrition in Sports" - the Master in Economics and Sport Management of the University of Rome Tor Vergata

Research Fields

Mediterranean Diet
 Sport nutrition in the elderly
 Bariatric patients' Follow-up
 Meal timing
 Coeliac disease
 Inflammation in obesity

Editorial Board Member

journal Editorial Board "Nutrition & Metabolism" -IF 3.5 - Indexed in Scopus - ISSN: 1743-7075 - <https://nutritionandmetabolism.biomedcentral.com/about/editorial-board>
 Editorial Board - "Nutrition & Food Science" --SSN: 0034-6659 – IF 0.7 (Indexed in scopus) - https://emeraldgroupublishing.com/products/journals/editorial_team.htm?id=nfs
 Associate Editor - "BMC Endocrine Disorders" - IF 2.027 - Indexed in SCOPUS - ISSN: 1472-6823 <https://bmcendocrdisord.biomedcentral.com/about/editorial-board>
 Editorial Board - PLOS ONE - Q1 - ISSN 19326203 - <https://journals.plos.org/plosone/static/editorial-board>

Reviewer for the journals:

Nutrition and Metabolism
 Nutrition & Food Science
 BMC Endocrine Disorders
 Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity
 Nutrients
 BioFactors
 Biomedical and Pharmacology Journal (
 Journal of Sports Sciences
 Mediterranean Journal of Nutrition and Metabolism
 Mini-invasive Surgery
 Antioxidants
 BMC Rheumatology
 British Food Journal
 Current Research in Nutrition and Food Science Journal
 European Journal of Clinical Nutrition
 European Journal of Nutrition
 Foods
 WOS
 International Journal of Environmental Research and Public Health

MEMBERSHIP IN PROFESSIONAL SOCIETIES

- 2012 to present Italian Society of Obesity (S.I.O.).
- 2019 to present Italian Society for Bariatric Surgery and Metabolic Disorders (S.I.C.O.B.)

Publications

M. Lombardo, C. Bellia, G. Aulisa, A. Pratesi, M. A. Perrone, E. Padua, F. Iellamo, M. Caprio, A. Bellia. The different daily distribution of proteins does not influence the variations in body composition in a sample of subjects undergoing a low-calorie mediterranean-type diet. *Minerva gastroenterologica e dietologica*. Vol. ahead-of-print No. Ahead-of-print. doi: 10.23736/s1121-421x.20.02694-x

Aulisa, G., Binda, C., Padua, E., Pratesi, A., Bellia, A., Bellia, C. and Lombardo, M. (2020), "If we eat soy, do we keep the beneficial effects of the Mediterranean diet?", *Nutrition & Food Science*, Vol. ahead-of-print No. ahead-of-print. <https://doi.org/10.1108/NFS-10-2019-0322>

Alashram AR, Padua E, Hammash AK, Lombardo M, Annino G. Effectiveness of virtual reality on balance ability in individuals with incomplete spinal cord injury: A systematic review. *J Clin Neurosci*. 2020 Feb;72:322-327. doi: 10.1016/j.jocn.2020.01.037. Epub 2020 Jan 16. PubMed PMID: 31956089.

Padua E, D'Amico AG, Alashram A, Campoli F, Romagnoli C, Lombardo M, Quarantelli M, Di Pinti E, Tonanzi C, Annino G. Effectiveness of Warm-Up Routine on the Ankle Injuries Prevention in Young Female Basketball Players: A Randomized Controlled Trial. *Medicina (Kaunas)*. 2019 Oct 16;55(10). pii: E690. Doi: 10.3390/medicina55100690. PubMed PMID: 31623096.

Lombardo M, Giovanni Aulisa, Elvira Padua, Giuseppe Annino, Ferdinando Iellamo, Antonio Pratesi, Massimiliano Caprio, Alfonso Bellia. Gender Differences In Taste And Foods Habits. *Nutrition And Food Science (in Press)*. Ssn: 0034-6659

M. Lombardo, A. Boaria, G. Aulisa, E. Padua, G. Annino, A. Pratesi, M. Caprio, F. Iellamo, A. Bellia (2019). Sarcopenic Obesity: Etiology And Lifestyle Therapy.. *European Review For Medical And Pharmacological Sciences*, Vol. 23, P. 7152-7162, Issn: 1128-3602, Doi: 10.26355/Eurrev_201908_18761

Mauro Lombardo, Arianna Franchi, Elvira Padua, Valeria Guglielmi, Monica D'adamo, Giuseppe Annino, Paolo Gentileschi, Ferdinando Iellamo, Alfonso Bellia, Paolo Sbraccia (2019). Potential Nutritional Deficiencies In Obese Subjects Five Years After Bariatric Surgery. *Bariatric Surgical Practice And Patient Care*, Vol. 14, P. 1-6, Issn: 2168-0248, Doi: 10.1089/Bari.2019.0009

Guglielmi V, Bellia A, Gentileschi P, Lombardo M, D'adamo M, Lauro D, Sbraccia P (2018). Parathyroid Hormone In Surgery-Induced Weight Loss: No Glucometabolic Effects But Potential Adaptive Response To Skeletal Loading.. *Endocrine*, Vol. Feb;59(2)., P. 288-295, Issn: 1355-008x, Doi: Doi: 10.1007/S12020-017-1477-0

Padua E, Campoli F, Manzi V, Panzarino M, Lombardo M, Melchiorri G, Tancredi V, Lebone P, Palazzo F, Annino G. (2018). Water Versus Land-Based Exercises As Physical Training Programs In Elderly.. *Journal Of Sports Medicine And Physical Fitness*, Vol. 6, P. 802-809, Issn: 0022-4707, Doi: 10.23736/S0022-4707.17.07307-8

Alfonso Bellia, Ferdinando Iellamo, Elisa De Carli, Aikaterini Andreadi, Elvira Padua, Lombardo M, Giuseppe Annino, Francesca Campoli, Sara Tartaglione, Stefano D'ottavio, David Della-Morte, Davide Lauro (2017). Exercise Individualized By Trimp Method Reduces Arterial Stiffness In Early Onset Type 2 Diabetic Patients: A Randomized Controlled Trial With Aerobic Interval Trainin. *International Journal Of Cardiology*, Issn: 0167-5273, Doi: Http://Dx.Doi.Org/10.1016/J.Ijcard.2017.06.065

Annino, Giuseppe Iellamo, Ferdinando, Palazzo, Francesco, Fusco, Augusto, Lombardo M, Campoli, Francesca, Padua, Elvira (2017). Acute Changes In Neuromuscular Activity In Vertical Jump And Flexibility After Exposure To Whole Body Vibration. *Medicine*, Issn: 1536-5964, Doi: 10.1097/Md.00000000000007629

Giovanni Melchiorri, Giuseppe Annino, Michele Panzarino, Valerio Viero, Francesca Campoli, Lombardo M, Elvira Padua (2017). Proposal For A Physical Fitness Evaluation Test Battery Of An Italian Elderly Population . *Medicina Dello Sport*, Issn: 0025-7826, Doi: 10.23736/S0025-7826.17.03098-8

Lombardo M, R. Magarotto, F. Marinelli, E. Padua, M. Caprio, G. Annino, A. Bellia, F. Iellamo (2017). Ideal Reduction Of Calories For Greatest Reduction Of Body Fat And Maintenance Of Lean Body Mass. *The Journal Of Aging Research And Clinical Practice*, Issn: 2258-8094, Doi: Http://Dx.Doi.Org/10.14283/Jarcp.2017.1

Padua E, Campoli F, Manzi V, Panzarino M, Lombardo M, Melchiorri G, Tancredi V, Lebone P, Palazzo F, Annino G. (2017). Water Versus Land-Based Exercises As Physical Training Programs In Elderly.. *Journal Of Sports Medicine And Physical Fitness*, Issn: 0022-4707, Doi: 10.23736/S0022-4707.17.07307-8

G Annino, B Ruscello, P Lebone, F Palazzo, Lombardo M, E Padua, L Verdecchia, V Tancredi, F Iellamo (2015). Acute Effects Of Static And Dynamic Stretching On Jump Performance After 15 Min Of Reconditioning Shooting Phase In Basketball Players. *The Journal Of Sports Medicine And Physical Fitness*, Issn: 1827-1928

Lombardo M, Bellia Alfonso, Mattiuzzo Francesca, Franchi Arianna, Ferri Carola, Elvira Padua, Guglielmi Valeria, D'adamo Monica, Giuseppe Annino, Gentileschi Paolo, Iellamo Ferdinando, Lauro Davide, Federici Massimo, And Sbraccia Paolo. (2015). Frequent Follow-Up Visits Reduce Weight Regain In Long-Term Management After Bariatric Surgery.. *Bariatric Surgical Practice And Patient Care*, Vol. 10, Issn: 2168-0248, Doi: 10.1089/Bari.2015.0021.

Giovanni Di Cola, Francesca Jacoangeli, Fabrizio Jacoangeli, Lombardo M, Ferdinando Iellamo (2014). Cardiovascular Disorders In Anorexia Nervosa And Potential Therapeutic Targets . *Internal And Emergency Medicine*, Vol. 9, P. 717-721, Issn: 1828-0447

Lombardo M, A. Bellia, E. Padua, G. Annino, V. Guglielmi, M. D'adamo, F. Iellamo, P. Sbraccia (2014). Morning Meal Is More Efficient For Fat Loss In A Three-Months Lifestyle Intervention. *Journal Of The American College Of Nutrition*, Vol. 33, P. 198-205, Issn: 0731-5724, Doi: 10.1080/07315724.2013.863169

A Bellia, M Salli, Lombardo M, M D'adamo, V Guglielmi, C Tirabasso, L Giordani, M Federici, D Lauro, C Foti, P Sbraccia (2013). Effects Of Whole Body Vibration Plus Diet On Insulin-Resistance In Middle-Aged Obese Subjects. . *International Journal Of Sports Medicine*, Issn: 0172-4622, Doi: Doi:10.1055/S-0033-1354358

Bellia A, Garcovich C, D' Adamo M, Lombardo M, Tesauro M, Donadel G, Gentileschi P, Lauro D, Federici M, Lauro R, Sbraccia P (2013). Serum 25-Hydroxyvitamin D Levels Are Inversely Associated With Systemic Inflammation In Severe Obese Subjects.. Internal And Emergency Medicine, Vol. 2, P. 81-85, Issn: 1970-9366, Doi: 10.1007/S11739-011-0559-X

Giuseppe G Marazzi, Ferdinando F Iellamo, Maurizio M Volterrani, Lombardo M, Francesco F Pelliccia, Daniela D Righi, Fabrizia F Grieco, Luca L Cacciotti, Luigi L Iaia, Giuseppe G Caminiti And Giuseppe G Rosano (2012). Comparison Of Microlife Bp A200 Plus And Omron M6 Blood Pressure Monitors To Detect Atrial Fibrillation In Hypertensive Patients.. Advances In Therapy, Vol. Advances In Therapy January 2012, Volume 29, Issue 1, Pp 64-70, Issn: 0741-238x

Lombardo M, M Boccacci, A Bellia, M D'adamo, P Sbraccia, G M Giorgetti (2009). Peg Infection By Pseudomonas Aeruginosa In Two Patients Hospitalized In The Same Room. Nutritional Therapy & Metabolism, Issn: 1828-6232

V Manzi, C Castagna, E Padua, Lombardo M, S D'ottavio, M C Massaro, M Volterrani, F Iellamo (2009). Dose-Response Relationship Of Autonomic Nervous System Responses To Individualized Training Impulse In Marathon Runners. . American Journal Of Physiology. Heart And Circulatory Physiology, Issn: 0363-6135, Doi: 10.1152/ajpheart.00054.2009

G M Giorgetti, Lombardo M, G Sandri, G Brandimarte, A Tursi (2008). A Retrospective Study Of Clinical Manifestations Of Celiac Disease: A 18 Years Review Of Activity In Our Hospital . Giornale Italiano Di Allergologia E Immunologia Clinica, Vol. 18:2, P. 54-60, Issn: 1120-6373

Lombardo M, A Del Monte, G M Giorgetti, F Mattioli, C Ficoneri, M R Bollea (2008). Rapid Decrease Of Resting Energy Expenditure After A Three-Months Lifestyle Intervention In Osas Patients. Nutritional Therapy & Metabolism, 26: 2. 81-85 April-July , Issn: 1828-6232

Lombardo M, G.M. Giorgetti (2008). Può La Malattia Celiaca Influenzare La Funzionalità Del Sistema Nervoso Autonomo Nello Sportivo? Valutazione Delle Disfunzioni Autonomiche Ed Endoteliali Nei Soggetti Affetti Da Celiachia. Coaching & Sport Science Journal, Vol. 3, Issn: 1590-7880

Lombardo M, Giorgetti M (2008). Small Bowel Adenocarcinoma In A Patient With Coeliac Disease. Cases Journal, Vol. 2, P. 81-85, Issn: 1757-1626

M Giorgetti, Lombardo M (2008). Immunopatogenesi Della Malattia Di Crohn E La Celiachia: Possibili Correlazioni Immunopatogenetiche Correlazioni Between Crohn's And Coeliac Disease. Giornale Italiano Di Allergologia E Immunologia Clinica, Vol. 18, P. 80-85, Issn: 1120-6373

Lombardo M, G.M. Giorgetti, A.T. Rogacien, V. Falanga, P. Spada, G. Darelli, T. De Vito. (2007). Implementation Of A Surveillance Program For Catheter-Related Bloodstream Infections In A General Hospital: Results From A Single-Center Experience. . Nutritional Therapy & Metabolism, Issn: 1828-6232

ORAL COMMUNICATIONS

M. Lombardo - Potential Nutritional Deficiencies In Obese Subjects Five Years After Bariatric Surgery. - (Rome) - M. Lombardo, A. Franchi, E. Padua, V. Guglielmi, M. D'adamo, G. Annino, P. Gentileschi, F. Iellamo, A. Bellia, P. Sbraccia - Xxvii National Congress Italian Society Of Surgery Of Obesity And Metabolic Diseases (SICOB) – (*upcoming*) 26-28 May 2019- Bologna

M.Lombardo, Round Table On "The Excellence Of The Mediterranean Diet" - Milan, Nutrition Space - State University Of Milan - S.I.O. - S.I.N.U. - A.N.D.I.D. - 03/22/2019

M. Lombardo, "The Myth Of The Proteins In The Gym" - Corpus Sanum In Mind Healthy: A Correct Motor Activity, A Correct Nutrition And Hydration As A Prevention Of The State Of Stress. - Conference Organized By The Telematic University S. Raffaele, Conference Of Degree Courses In Physical Education, A.S.I - (CONI) And Virgin Active - Rome 03/21/2018

M.Lombardo - "Nutrition In The Elderly" - Conference "European Year Of Active Aging: Applied Research. From Improving Self-Sufficiency To The Physical Efficiency Of The Elderly. Perspectives And Developments In The Sector" - Scientific Seminar Promoted By The National Academy Of Sports Culture And By The Association Of Italian Sports Centers, In Collaboration With The Degree Course In Motor Sciences Of The University Of Rome Tor Vergata." - 2012

M. Lombardo - "Nutrition In The Young Athlete" - First Conference Of Sports Medicine - "Physical Activity For Health: From Prevention To Performance" - May 22, 2010 - Department Of Sport Of Valmontone (Rm) And Tor Vergata University From Rome.

M. Lombardo, A.L. Del Monte, M.R. Lupatelli, M.R. Bollea "Evaluation Of Changes In Resting Metabolism, Body Composition And Polysomnographic Findings In Obese Patients With Obstructive Sleep Apnea Syndrome (OSAS) After Dietary And Behavioral Therapy". Xv National Congress - A.I.M.S. - Italian Association Of Sleep Medicine - 2005

OTHER COMMUNICATIONS

Panzarino M, Campoli F, Lebone P, Ruscello B, D'ottavio S, Lombardo M, Padua E (2015). Effects Of Strength And Standard Low Intensity Training Methods In The Elderly. Sport Sciences For Health, Vol. 11, Issn: 1824-7490

Panzarino M, Campoli F, Lebone P, Ruscello B, D'ottavio S, Lombardo M, Padua E (2015). Effects Of Strength And Standard Low Intensity Training Methods In The Elderly. Sport Sciences For Health, Issn: 1824-7490

A. Bellia, G. Marinoni, C. Tirabasso, M. D'adamo, Lombardo M, M.Federici, D. Lauro, P.Sbraccia. (2012). Livelli Ematici Di Paratormone E Rischio Cardio-Metabolico: Differenze Tra Obesi "metabolicamente Sani" E Insulino-Resistenti. In: Congresso Congiunto Sio-Sicob – Abano Terme (Pd) – 2012. Abano Terme, 18-20 Aprile

A. Bellia, Lombardo M, M.Salli, M.D'adamo, E.Padua, G. Annino, F.Iellamo, C.Foti, P.Sbraccia. (2012). Effetti Della "whole-body Vibration" Sulla Composizione Corporea E Sul Profilo Metabolico In Pazienti Affetti Da Obesità. In:

Congresso Congiunto Sio-Sicob – Abano Terme (Pd) - 2012. Abano Terme, 18-20 Aprile

A. Bellia, S. Costa, M. D'adamo, Lombardo M, V.Guglielmi, C.Tirabasso, P.Pasquali, P.Sbraccia (2012). Riduzione Dei Livelli Circolanti Di Paratormone, Senza Modificazioni Della Vitamina D, In Pazienti Obesi Sottoposti A “Sleeve Gastrectomy”. In: Congresso Congiunto Sio-Sicob – Abano Terme (Pd) – 2012. Abano Terme, 18-20 Aprile

Alfonso Bellia, Giorgia Marinoni, Monica D'adamo, Valeria Guglielmi, Lombardo M, Giulia Donadel, Paolo Gentileschi, Davide Lauro, Massimo Federici, Renato Lauro, And Paolo Sbraccia (2012). Parathyroid Hormone And Insulin Resistance In Distinct Phenotypes Of Severe Obesity: A Cross-Sectional Analysis In Middle-Aged Men And Premenopausal Women. The Journal Of Clinical Endocrinology And Metabolism, Issn: 0021-972x, Doi: The Journal Of Clinical Endocrinology & Metabolism October 1, 2012 Jc.2012-2513

Cardellini M., Davato F., Cardolini I., Valentini A., Lombardo M, Lauro D., Sbraccia P., Lauro R., Gentileschi P., Federici M. (2012). L'aumento Dello Spessore Miointimale Nei Pazienti Con Steatosi Epatica Non Alcolica È Correlato Con L'insulino Resistenza E Aumentati Livelli Di Tnfα. In: Congresso Nazionale Sid 2012 A Torino.

E. Padua, M. Panzarino, P. Lebone, R. Manno, S. D'ottavio, G. Melchiorri, Lombardo M, A. Bellia, B. Ruscello, V. Tancredi, G. Annino. (2012). Effects Of An Intensive Week Training Program On Elderly People.. In: Sismes 2012. Palermo, 5-7 Ottobre 2012

G. Annino, F. Palazzo, L. Verdecchia, S. D'ottavio, Lombardo M, R. La Torre, V. Tancredi, E. Padua (2012). Acute Effects Of Static And Dynamic Stretching On Explosive Strength Performance In Basketball Players. In: Iv Congresso Nazionale Sismes Palermo. Sport Sciences For Health, Issn: 1824-7490, Palermo, 5-7 Ottobre 2012

Padua E, Campoli F, Panzarino M, Lombardo M, Annino G. (2017). Physical Activity In Fourth Age: Effects On Strength And Flexibility. In: Sismes 2017. Sport Sciences For Health, Issn: 1824-7490

Panzarino M, Annino G, Campoli F, Lombardo M, Padua E. (2017). Use Of A New Gymnastics Tool In Physical Activity In Elderly. . In: Sismes 2017. Sport Sciences For Health, Issn: 1824-7490, Brescia, 29th September-1st October 2017

Annino G, Palazzo F, Lebone P, Caronti A, Lombardo M, Campoli F, Padua E, Iellamo F. (2015). The Efficacy Of Plantar Stimulation On Human Balance Control.. Somatosensory And Motor Research, Vol. 19:1-6., Pmid: 26287753, Issn: 0899-0220

Campoli F, Annino G, Panzarino M., Manno R, Tancredi V, Lombardo M, Melchiorri G, Padua E (2015). Influence Of Water Pool Motor Activity As Part Of A Standard Physical Activity Program In Older People. Sport Sciences For Health, Issn: 1824-7490

Lombardo M, A. Bellia, M. D'adamo, V.Guglielmi, C.Tirabasso, P.Pasquali, P.Sbraccia. (2012). Valutazione Di Un Intervento Di Tre Mesi Sullo Stile Di Vita Di Casalinge Con Uguale Riduzione Calorica Ma Diversa Distribuzione Nella Giornata.. In: Congresso Congiunto Sio-Sicob – Abano Terme (Pd) - 2012. Abano Terme, 18-20 Aprile

Lombardo M, E.Padua, A. Bellia, M.Salli, V.Manzi, G. Annino, F. Iellamo, C. Foti, P. Sbraccia. (2012). Whole Body Vibration Training: A Functional Procedure For Weight Management. In: Iv Congresso Nazionale Sismes Palermo. Palermo, 5-7 Ottobre 2012

M. Cardellini, F. Davato, I. Cardolini, A. Valentini, Lombardo M, D. Lauro, P.Sbraccia, R. Lauro, P. Gentileschi, M. Federici (2012). Increased Intimal Medial Thickness In Patients With Nafld Is Correlated With Insulin Resistance And Levels Of Tnfα. In: Eas 2012, The 80th European Atherosclerosis Society Congress, Milano. Milano

M. D'adamo, Lombardo M, P.Gentileschi, A.Bellia, V.Guglielmi, D. Ferradino, E.Cenanmo, D.Lauro, P.Sbraccia. (2012). Indicazione Al Trattamento Chirurgico Dell'obesità: Oltre Il Bmi . In: Congresso Nazionale Sid 2012 A Torino. Torino, 2012

Padua E, Panzarino M, Lebone P, Manno R, D'ottavio S, Melchiorri G, Lombardo M, Bellia A, Ruscello B, Tancredi V, Annino (2012). Effects Of An Intensive Week Training Program On Elderly People.. Sport Sciences For Health, Vol. 8, P. 16-17, Issn: 1824-7490

Bellia A, D'adamo M, Lombardo M, Federici M, Lauro D And Sbraccia P (2011). Low Levels Of 25-OH-Vitamin D Are Related To Markers Of Systemic Inflammation In Obese Non Diabetic Patients. In: Journal Compilation ^a 2011 The International Association For The Study Of Obesity. Obesity Reviews 12 (Suppl. 1) (2011) 63–279.

A. Bellia, G. Marinoni, M. D'Adamo, Lombardo M, D. Lauro, M. Federici, R. Lauro, P. Sbraccia (2010). Relazione Fra Livelli Circolanti Di Paratormone E Tolleranza Glicidica In Pazienti Affetti Da Obesità Severa. In: V Congresso Nazionale Sio – Roma - 2010. Roma, 15-17 Aprile 2010

G. Marchetti, Lombardo M, C. Mercurio, A. Bellia, V. Guglielmi, M. D'Adamo, P. Sbraccia (2010). Effetti Di 3 Settimane Di Dieta A Basso Contenuto In Carboidrati Su Composizione Corporea E Dispendio Energetico In Donne Sovrappeso In Menopausa. In: V Congresso Nazionale Sio – Roma – 2010. Roma, 15-17 Aprile 2010

Salli M., Bellia A., Lombardo M, Noia G., Annino G., Sbraccia M., Foti C., Lauro R (2009). Effects Of Whole Body Vibration On Body Composition And Metabolic Profile In Patients Affected By Severe Obesity. . In: Book Of Abstracts Of 3^o International Meeting On Rehabilitation Medicine. Roma, 09 Sett 2009

G.M. Giorgetti, A. Tursi, Lombardo M, G. Sandri, G. Brandimarte, W. Elisei. (2007). Effetti Della Dieta Senza Glutine Sulla Gravidanza In Pazienti Celiache Affette Da Poliabortività.. In: Xiii Congresso Nazionale Sinpe. Monastier Di Treviso, 15-17 Novembre 2007

G.M. Giorgetti, Lombardo M, A. Tursi, G. Brandimarte, W. Elisei. (2007). Mesalazina E/O Lactobacillus Casei Nella Prevenzione Delle Riacutizzazioni Della Patologia Diverticolare Sintomatica Del Colon Studio Prospettico, Randomizzato, Aperto.. In: Xiii Congresso Nazionale Sinpe – Treviso - 2007. Treviso , 2007

Lombardo M, Gm Giorgetti, A.T. Rogacien, G. Darelli (2007). Progetto Aziendale Sulla Prevenzione Delle Infezioni Da Catetere Intravascolare A Breve Termine. In: Xiii Congresso Nazionale Sinpe – Treviso – 2007. Monastier Di Treviso, 15-17 Novembre 2007

T.Persichetti, N.Cataldi, Lombardo M, M.R. Lupatelli, C. Ficoneri, M.R. Bollea. (2006). Comportamento Alimentare In Un Campione Di Pazienti Obesi Ambulatoriali. . In: Obesity And Metabolism, Vol.2, Suppl. To No. 1, 2006, March.

BOOK'S CHAPTERS (ITALIAN)

Lombardo M (2012). Sezione 11 - Fisiologia Della Nutrizione. In: G.B. Azzena, A. De Lorenzo, B. De Luca, G.A. Losano, C. Orizio, A. Pagliaro, C. Reggiani. (a Cura Di): M. Midrio, Compendio Di Fisiologia Umana. Isbn: 978-88-299-2185-0

G.M. Giorgetti, Lombardo M (2009). Ruolo Dei Probiotici E Prebiotici Sull'immunità Intestinale". In: Costruire L'identità Del Nutrizionista, Emsi 2009.

G.M. Giorgetti, Lombardo M (2009). Immunopatogenesi E Diagnosi Precoce Di Malattia Celiaca. In: Costruire L'identità Del Nutrizionista Emsi.

Lombardo M, A. Del Monte, M.R. Bollea (2009). Aspetti Metabolici Della Sindrome Delle Apnee Notturme. In: Costruire L'identità Del Nutrizionista, Emsi 2009.